

Pricing Plans for COACHING

Coach Aang offers a wide range of life coaching services from face-to-face sessions, a selection of workshops or webinars, or our downloadable educational material.



24 weeks face-to-face coaching

Sustainable behavioral change takes time and commitment. If you want to create meaningful and sustainable change to accomplish your goals, this 6 month program is for you.

This Package is \$3500 (or \$585/m for 6 months)



Coaching Workshops

If you are interested in exploring specific skills or techniques with you or your team, ask coach Aang about their schedule for in person workshops on the topic of your choice within Aang's expertise.

Coaching Workshops range from \$50-\$500



Coaching Webinars

If you are interested in exploring specific skills or techniques in a virtual format, ask coach Aang about their upcoming webinars and how you can access them.

Coaching Webinars range from \$20-\$100



Power Coaching

Four session pack for the person who has a specific concern and is in need of coaching in order to make a decision or resolve the identified area of concern.

This Package is \$550

Pricing Plans for CONSULTING

Coach Aang offers a consulting around violence prevention, DEIA, and Leadership. Whether you have a specific concern that you want to address or just want to learn to incorporate a more holistic perspective into your work.



Violence Prevention & DEIA

Coach Aang has provided violence prevention expertise for over 16 years and incorporates both a critical social work and a public health approach to violence prevention that is inclusive of the link between DEIA and Civil Rights Concerns.

Consulting Rate is \$150/hr



Leadership Consulting

Coach Aang has advised senior executives for over 16 years and holds advanced degrees in Human Relations and Organization Development and Leadership, with key understandings of Change Management, Design Thinking, and Behavioral Change. Their Consulting is also inclusive of the link between DEIA and Civil Rights Concerns.

Consulting Rate is \$175/hr



Presentations and Speaking Engagements

If you are interested in having coach Aang present or speak at an engagement, they offer expertise in any of the above areas at the same speaking rate. The rate for the engagement will be inclusive of all planning and prep work and can be from 1-3 hours of presenting.

Speaking Engagements have a flat rate of \$3500 plus any travel expenses



US Government Engagements

If you are interested in having coach Aang present or speak at an engagement, they offer expertise in any of the above areas. coach Aang offers free speaking for US Agencies.

Engagements with Federal Agencies just have travel related expenses.